

St. Michael's

Patient's Letter

Inspired Care. Inspiring Science.

Jun 02, 2015

30 Bond Street
Toronto, Ontario MSB 1W8

Patient's Name: ADAM LENSKYJ
ID: 2031473

Dear ADAM LENSKYJ:

You have been admitted to St. Michael's Hospital on ICS service between May 31,2015 and Jun 02, 2015. The reason for your stay in hospital was Angioedema. You were cared for by housestaff: Nathan Stall and Dr. Claudia Dos santos.

You are instructed to:

IT IS CRITICAL THAT YOU REMAIN OFF RAMIPRIL (AND ALL OTHER ACE-INHIBITORS). PLEASE DO NOT TAKE THESE MEDICATIONS EVER AGAIN.

Please take Amlodipine 5 mg daily instead to control your blood pressure. No other changes were made to your medications.

Please follow-up with Dr. Nina Jindal at your already scheduled Allergy and Immunology appointment on June 12, 2015.

Your follow-ups are:

Follow-up type	Follow-up by	DateTime	Allergy	Comment/Suggestion
Specialists	Allergy and Immunology	Jun 22, 2015	14:00	

Allergy/Intolerance to Medication & Food:

Ramipril: angioedema

Discharge Medications:

Name	Dose	Route	Freq.	Quantity	Repeats	LU#	Status	Rationale for Changes
INSULIN LANTUS	25-30 units	SC	QHS			---	Unchanged	
METOPROLOL	50 mg	PO	BID				Unchanged	
AMLODIPINE	5 mg	PO	DAILY	60 days	0		Unchanged	
ASA ENTERIC COATED	81 ng	PO	DAILY			---	Unchanged	
INSULIN ASPART	10-15 units	SC	TID	-		Unchanged	
LANSOPRAZOLE DR	30 mg	PO	DAILY	-		-----	Unchanged	
METFORMIN	500 mg	PO	BID			Unchanged	
ROSUVASTATIN	40 mg	PO	DAILY	-		Unchanged	

Discontinued Medications:

Name	Rationale for Discontinuation
RAMIPRIL	Angioedema

Sincerely

St. Michael's

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Toronto, Ontario MSB 1W8

Patient's Letter

June 02, 2015

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ID: 2031473

Nathan Stall on behalf of Dr. Claudia Dos santos

St Michael's cares about your health. For reliable health information visit the Patient and Family Learning Centre in the 6th floor Marketeria (Cardinal Carter Wing) or online at www.stmichaelshospital.com/learn

30 Bond Street
Toronto, Ontario
MSB 1W8
(416)360-4000

Medicine Discharge Summary

PRELIMINARY - RESIDENT APPROVED

Patient Name: LENSKYJ, ADAM
Date of Birth (DOB): Dec 02, 1940
Patient Identifier (MRN): 2031473
Admit Date: May 31, 2015 19:05:00
Discharge Date: Jun 02, 2015

PATIENT DEMOGRAPHICS

Patient Name: LENSKYJ, ADAM
Patient Identifier (MRN): 2031473
Date of Birth (DOB): Dec 02, 1940 (MON dd, yyyy)
Gender: Male
Primary Care Provider: Lofters, Aisha

VISIT (ENCOUNTER)

Admitted From: Emergency room
Admit Date (MON dd, yyyy): May 31, 2015 19:05:00
Discharge Date (MON dd, yyyy): Jun 02,2015
Attending at Discharge: Dos santos, Claudia
Most Responsible Healthcare Provider: Dos santos, Claudia
Referring Physician: Simpson, Craig andrew
Responsible Housestaff: Nathan Stall
Patient Encounter Type: Inpatient
Discharged To: Home

ENCOUNTER LOCATION/ORG

Hospital/Service Name: St. Michael's / ICS
Hospital/Service Type: Acute Care

ALERT INDICATORS

Allergies: Yes
Ramipril: angioedema

COURSE WHILE IN HOSPITAL

Presenting Complaint(s):

Mr. Lensky presented to hospital with complaints of sudden onset tongue and throat swelling as well as nausea and vomiting. He had been recently seen in the Allergy and Immunology clinic on May 22, 2015 for assessment of his angioedema which previously occurred after exposure to Ramipril and blueberries. A recommendation was made to discontinue his Ramipril and it was felt that the blueberries were unlikely to be the culprit. Unfortunately, the patient continued on his Ramipril and this was felt to be culprit for the present episode.

Although he had no airway compromise or hemodynamic instability, he was admitted to MSICU for closer monitoring and treated initially with Benadryl, Ranitidine and Solumedrol.

Clinical Course in Hospital:

30 Bond Street
 Toronto, Ontario
 M5B1W8
 (416)360-4000

Medicine Discharge Summary

PRELIMINARY - RESIDENT APPROVED

Patient Name LENSKYJ, ADAM
Date of Birth (DOB) Dec 02, 1940
Patient Identifier (MRN) 2031473
Admit Date May 31, 2015 19:05:00
Discharge Date Jun 02, 2015

1) Angioedema: Mr. Lensky remained stable throughout his MSICU admission. His Solumedrol was discontinued as this was felt to be bradykinin-mediated rather than histamine-mediated. He counselled extensively about the need to remain off ACE-inhibitor therapy. He was discharged after 48 hours of monitoring and will follow-up with his allergist Dr. Nina Jindal on June 12, 2015 at 2:00 PM.

2) Diabetic control: Mr. Lensky displayed some impaired glucose tolerance during his MSICU admission, likely a result of corticosteroid therapy. Mr. Lensky is a long-term diabetic and expressed knowledge about how to manage spikes in his blood sugar using rapid-acting insulin on a sliding scale basis.

Interventions:

None.

Adverse Events and Complications:

1. None

DIAGNOSIS

Discharge Diagnosis:

Angioedema

Other Conditions Impacting Hospital Stay:

1. ACE-inhibitor and blueberry associated angioedema

Other Conditions:

1. Cataract surgery (2013)
2. Coronary artery disease - MI in 2005 managed with PCI
3. Nephrolithiasis with lithotripsy in 2008
4. T2DM on insulin and oral hypoglycemic agents

DISCHARGE PLAN

All Medications at Discharge:

Discharge Medications:

Name	Dose	Route	Freq.	Quantity	Repeats	LU#	Status	Rationale for Changes
INSULIN LANTUS	25-30 units	SC	QHS			Unchanged	
METOPROLOL	50 mg	PO	BID			-----	Unchanged	
AMLODIPINE	5 mg	PO	DAILY	60 days	0	-----	Unchanged	
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INSULIN ASPART	10-15 units	SC	TID			-----	Unchanged	
LANSOPRAZOLE DR	30 mg	PO	DAILY			Unchanged	
METFORMIN	500 mg	PO	BID			Unchanged	
ROSUVASTATIN	40 mg	PO	DAILY			-----	Unchanged	

Discontinued Medications:

Name

Rationale for Discontinuation

Medicine Discharge Summary

PRELIMINARY - RESIDENT APPROVED

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RAMIPRIL

Angioedema

Follow-up Instructions for Patient:

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Please take Amlodipine 5 mg daily instead to control your blood pressure. No other changes were made to your medications.

Please follow-up with Dr. Nina Jindal at your already scheduled Allergy and Immunology appointment on June 12, 2015.

Follow-up Plan Recommended to be Implemented by the Receiving Provider:

Dr. Nina Jindal: please see this patient in follow-up on June 12, 2015 to review the results of allergy and immunology testing performed at your last clinic visit on May 22, 2015. In addition, please reinforce the necessity of remaining off of ACE-inhibitor therapy.

Referrals:

Referral type	Referral To	DateTime	Comment/Suggestion
Specialists	Allergy and Immunology	Jun 22, 2015 14:00	

Copied To (with contact information):

Dos santos, Claudia	Phone: 4168645559
Simpson, Craig andrew	Phone: 4168645976
Lofters, Aisha	Phone: 4168677428
Jindal, Nina	Phone: 4168645777

30 Bond Street
Toronto, Ontario M5B 1W8
(416)360-4000

Date June 02, 2015

Last Name: LENSKYJ

First Name: ADAM

Date of Birth: Dec 02, 1940

Health Card No.: 3755475963 MY

Province: ON

Other ID No.:

ID Type: ___

(Please provide if health card number is not available, when prescribing opioid and monitored medications.)

Allergy/Intolerance to Medication & Food:

Ramipril: angioedema

Discharge Medications:

Name	Dose	Route	Freq.	Quantity	Repeats	LU#	Status	Rationale for Changes
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Discontinued Medications:

Name	Rationale for Discontinuation
RAMIPRIL	Angioedema

Please Print Name:

NATHAN STALL, R3

Signature:

CPSO No.:

#98019